

Packing List for Spain

Traveling light is the best way to see Spain. You may need to carry luggage up stairs or across cobblestones, so Xperitas recommends a small to medium suitcase and a backpack, purse, or messenger bag as your carry-on.

CARRY IN A MONEY BELT OR NECK POUCH

- ☐ Passport (and other visas, green cards, or documentation)
- ☐ Small amount of cash in US dollars and Euros (\$50 and 50€)
- ☐ Credit and debit card
- ☐ Travel itinerary with addresses of your hotels and your host family
- ☐ Copy of your insurance card

BEST LEFT AT HOME

- ☐ Jewelry
- ☐ High-heeled or uncomfortable shoes
- ☐ Laptop, or other expensive technology
- ☐ Hair dryer/curler/ straighteners

FOR YOUR CARRY-ON

- ☐ Camera or smart phone and charger
- ☐ Travel size hand sanitizer
- ☐ Travel pack tissue/Kleenex
- ☐ Disinfecting wipes
- ☐ Face/cloth masks
- ☐ Spanish language dictionary/other things to study on the plane
- ☐ Essential medicines (prescriptions in original bottles and carry generic names of all prescriptions)
Toothbrush and toothpaste
- ☐ Deodorant
- ☐ Change of clothes
- ☐ Menstrual Products (as needed)
- ☐ Anything you would not want to do without in the rare event that your suitcase is delayed.
- ☐ Reusable water bottle

What Goes In Your Suitcase

Check with your airline for specific luggage guidelines and applicable fees. Most airlines allow one checked bag for international travel (no larger than 62" linear – sum of height, width and length) and weight ranges from 44-50 pounds. Fees vary by airline. In your carry-on, TSA currently only allows liquids or gels in 1 clear, quart-sized bag, with only 3oz bottles or smaller. Make sure you bring enough layers of clothing for different temperatures Roll clothes instead of folding – it saves space and helps with wrinkles. Pack electronics in your carry-on. Checked luggage gets tossed around, so don't pack anything fragile in there.

CLOTHING & ACCESSORIES

- ☐ 6-7 Changes of lightweight and breathable clothing for the summer months (May to September). Consider t-shirts, shorts, sundresses, and skirts. Warmer clothing for the winter months (November to February). Bring sweaters, long-sleeved shirts, and a medium-weight jacket. Clothes that can be mixed, matched and layered. Dress in layers to be prepared for extremes in weather. Spring (March- May) Bring long sleeved shirts, sweaters, T-shirts for warmer days and a jacket
- ☐ Formal outfit or two: dress pants, dress shirt/collared shirt, skirt/dress, blouse, etc. Rain jacket/poncho with a hood or umbrella
- ☐ Underwear and socks
- ☐ Pajamas
- ☐ 1 Pair of comfortable shoes
- ☐ 1 Pair of comfortable sandals (in the summer)
- ☐ 1 Pair of house shoes/slippers
- ☐ Sunglasses and hat
- ☐ Plastic bag for dirty clothes/shoes

TOILETRIES & PERSONAL CARE

- ☐ Shampoo, conditioner & hair products (in small containers)
- ☐ Contact solution, contact case & extra contacts (and your glasses)
- ☐ Razor & shaving cream
- ☐ Lotion
- ☐ Soap
- ☐ Cosmetics
- ☐ Bug repellent (only for summer)
- ☐ High factor sunscreen and lip protector

OTHER

- ☐ Gift for your host family
- ☐ Photos of your friends and family
- ☐ Photocopy of your passport
- ☐ Non-perishable snacks to stave off hunger while sightseeing (granola bars, dried fruit, nuts, crackers)