

Packing List for Puerto Rico

Traveling light but intelligently is the always best way to travel in Puerto Rico. You may have to carry your luggage up stairs, over cobblestone streets, or on and off buses and public transportation to your lodging. Xperitas recommends packing everything in small to medium sized suitcase. **Pack a small backpack** in your suitcase or use it as your carry on.

CARRY IN A MONEY BELT OR NECK POUCH

- ☐ ID for 18+ travelers: A valid, government-issued ID (*passport, driver's license, standard ID card*)
 - If you plan to bring your state ID/driver's license, please make sure it is REAL ID compliant.
- ☐ ID for travelers under 18: Recommended to bring a photo ID that matches your full legal name (*school ID, passport, library card, etc.*)
 - TSA does not require minors to present a form of ID. Contact the airline for further guidance on IDs.
- ☐ Small amount of cash (\$50-\$100), Credit or debit card
- ☐ Travel itinerary with addresses of your hotels
- ☐ Copy of your Xperitas insurance card

ROOMATES CAN BRING ONE OF THE FOLLOWING TO SHARE

- ☐ Small first aid kit with band-aids, Pepto-Bismol, antacids, Ibuprofen, EmergenC, etc.
- ☐ Insect repellent and after-bite lotion
- ☐ High-factor sunscreen (*SPF 30+*)
- ☐ After-sun or aloe gel
- ☐ Hair dryer/curler/straighteners

BEST LEFT AT HOME

- ☐ Jewelry
- ☐ High-heeled or uncomfortable shoes
- ☐ Laptop, or other expensive technology

FOR YOUR CARRY-ON

- ☐ Camera or smart phone and charger
- ☐ Travel size hand sanitizer
- ☐ Travel pack tissue/Kleenex
- ☐ Spanish language dictionary/other things to study on the plane
- ☐ Essential medicines: Prescriptions in original bottles and carry generic names of all prescriptions
 - ☐ Epi-Pen for severe allergies
 - ☐ Allergy medicine (*if applicable*)
- ☐ Toothbrush and toothpaste
- ☐ Deodorant
- ☐ Change of clothes
- ☐ Menstrual Products (*as needed*)
- ☐ Anything you would not want to do without in the rare event that your suitcase is delayed.
- ☐ Reusable water bottle
- ☐ Face/cloth masks (*recommended, not required*)
- ☐ Anything you would not want to be without in the rare event that your suitcase arrives later than expected

What Goes In Your Suitcase

Check with your airline for specific luggage guidelines and applicable fees. Most airlines **do not** offer a free checked bag for Puerto Rico since it is a domestic destination. Checked luggage should be no larger than 62" linear – sum of height, width, and length, and weight ranges from 44-50 pounds. Fees vary by airline. In your carry-on, TSA currently only allows liquids or gels in 1 clear, quart-sized bag, with only 3oz bottles or smaller. Make sure you bring enough layers of clothing for different temperatures. Roll clothes instead of folding – it saves space and helps with wrinkles.

Pack electronics in your carry-on. Checked luggage gets tossed around, so don't pack anything fragile in there.

CLOTHING & ACCESSORIES

- ☐ 5-6 changes of lightweight and breathable clothing. Consider t-shirts, shorts, sundresses, and skirts. Bring clothes that can be mixed, matched and layered. Dress in layers to be prepared for extremes in weather. Puerto Rico tends to be rainy and/or sunny and warm. You also might get chilly while in places with AC.
- ☐ 1 nicer set of clothes, such as shorts or pants without holes or frays, a collared shirt/polo, or a skirt/dress and blouse.
- ☐ 1 lightweight sweater/cardigan for the airplane and/or AC.
- ☐ 1 rain jacket or poncho with a hood
 - Hikes and outdoor activities will continue even if it rains.
- ☐ Underwear and socks
- ☐ Pajamas
- ☐ 1-2 Swimsuits and a quick-dry towel
- ☐ Umbrella
- ☐ Sunglasses and a hat to protect you from the sun
- ☐ 1-2 pairs of comfortable shoes to hike in (*old tennis shoes are great*)
- ☐ 1 pair of sandals with covered toes, such as Keens (*important for El Yunque visit, snorkeling, and kayaking*)
- ☐ 1 pair of shoes for the beach
- ☐ Plastic bag for dirty clothes/shoes
- ☐ Small day pack/backpack to bring along for daily activities
 - We suggest bringing along a hat, sunglasses, sunscreen, snacks, and water on daily excursions.

TOILETRIES & PERSONAL CARE

- ☐ Shampoo & conditioner (*in small containers*)
- ☐ Contact solution, contact case & extra contacts, glasses
- ☐ Razor & shaving cream
- ☐ Hair products, brush
- ☐ Lotion, soap
- ☐ Cosmetics
- ☐ High factor sunscreen and lip protector
- ☐ Motion sickness pills (*if this affects you*)
- ☐ Anti-chafe stick (*if this affects you, to prevent chafing in the heat*)
- ☐ Electrolyte drink mixes to prevent dehydration in the heat and intense sun (*You can also buy Gatorade or Powerade in Puerto Rico*)

OTHER

- ☐ Binoculars (*if desired*)
- ☐ Photocopy of your passport
- ☐ Non-perishable snacks to stave off hunger while sightseeing (*granola bars, dried fruit, nuts, crackers*)
 - Avoid Bringing nuts, fruit, or seeds on the return flight