

Packing List for Argentina

Traveling light but smart is always your best bet in Argentina. You may need to carry your luggage through airports, bus terminals, or over uneven sidewalks. We recommend packing everything in a small to medium-sized suitcase that you can manage on your own. In your carry-on, TSA currently only allows liquids or gels in 1 clear, quart-sized bag, with only 3oz bottles or smaller. Make sure you bring enough layers of clothing for different temperatures Roll clothes instead of folding – it saves space and helps with wrinkles. Pack electronics in your carry-on. Checked luggage gets tossed around, so don't pack anything fragile in there.

CARRY IN A MONEY BELT OR NECK POUCH

- ☐ Passport (and other visas, green cards, or documentation)
- ☐ Some cash in USD (\$50 or \$100 bills best)
- ☐ Other currency if you have a layover in another country.
- ☐ Credit and debit card
- ☐ Travel itinerary with addresses of your hotels and your host family
- ☐ Copy of your insurance card

ROOMMATES CAN BRING ONE OF THE FOLLOWING TO SHARE

- ☐ Small first aid kit with band-aids, Pepto-Bismol, antacids, tissue, Ibuprofen, EmergenC etc.
- ☐ Hair dryer/curler/straighteners

BEST LEFT AT HOME

- ☐ Jewelry
- ☐ High-heeled or uncomfortable shoes

FOR YOUR CARRY-ON

- ☐ Camera or smart phone and charger
- ☐ Travel size hand sanitizer that contains at least 60% alcohol
- ☐ Travel pack tissue/Kleenex
- ☐ Disinfecting wipes
- ☐ Face/cloth masks
- ☐ Spanish language dictionary/other things to study on the plane
- ☐ Essential medicines (prescriptions in original bottles and carry generic names of all prescriptions)
- ☐ Toothbrush and toothpaste
- ☐ Deodorant
- ☐ Change of clothes
- ☐ Menstrual Products (as needed)
- ☐ Anything you would not want to do without in the rare event that your suitcase is delayed.
- ☐ Reusable water bottle

What Goes In Your Suitcase

Be sure to review baggage weight and dimension restrictions for all airlines on your itinerary, as domestic airline carriers within Argentina have limits that often differ from international allowances. Most airlines allow one checked bag for international travel (no larger than 62" linear – sum of height, width and length) and weight ranges from 33-50 pounds. Fees vary by airline. In your carry-on, TSA currently only allows liquids or gels in 1 clear, quart-sized bag, with only 3oz bottles or smaller. Make sure you bring enough layers of clothing for different temperatures. Roll clothes instead of folding – it saves space and helps with wrinkles. Pack electronics in your carryon. Checked luggage gets tossed around, so don't pack anything fragile in there.

CLOTHING & ACCESSORIES

- ☐ 4-5 changes of clothes that can be mixed and matched. Dress in layers to be prepared for extremes in weather. February/March tend to be warm, April/May are mild, and June-August bring colder temperatures. Evenings can be cool, and rain every day is very common in the U.S. summer months (June- August) so articles that dry quickly are ideal. If it rains, we will continue our hikes and time outside.
- ☐ Nice jeans or pants
- ☐ 1-2 Formal outfit(s): dress pants, dress shirt/collared shirt, skirt/dress, blouse, etc.
- ☐ Moisture wicking clothing that dries quickly
- ☐ Underwear and socks
- ☐ Pajamas
- ☐ If traveling February–March: Lightweight clothing, hat, sunglasses, swimsuit, comfortable sandals.
- ☐ If traveling April–May: Light jacket, layers, closed-toe shoes.
- ☐ If traveling June–July: Warm coat, scarf/hat/gloves, sweaters, closed-toe shoes.
- ☐ 1-2 pairs of comfortable shoes to walk long distances, as there will be a lot of walking in Buenos Aires and Córdoba.
- ☐ One pair of nicer sandals and another casual pair for hotel use or any quick outings, such as slides.
- ☐ Plastic bag for dirty clothes/shoes
- ☐ Small day pack/backpack for hikes or other activities (bring along a hat, sunglasses, sunscreen and water on excursions, the sun is very strong.)

TOILETRIES & PERSONAL CARE

- ☐ Shampoo & conditioner (in small containers)
- ☐ Contact solution, contact case & extra contacts (and your glasses)
- ☐ Razor & shaving cream
- ☐ Hair products
- ☐ Lotion, soap
- ☐ Cosmetics
- ☐ High factor sunscreen and lip protector

OTHER

- ☐ Gift for your host family
- ☐ Photos of your friends and family
- ☐ Photocopy of your passport
- ☐ Non-perishable snacks to stave off hunger while sightseeing (granola bars, dried fruit, nuts, crackers)