

# Packing List for Germany

Traveling lightly is always the best way to travel in Germany. You may have to carry your luggage upstairs, over cobblestone streets, or on and off trains and public transportation to your lodging. Xperitas recommends packing everything in small to medium sized suitcase. Pack a small backpack in your suitcase or use it as your carry on.

## CARRY IN A MONEY BELT OR NECK POUCH

- Passport (and other visas, green cards, or documentation)
- Small amount of cash in US dollars and Euros (\$50 and 50€)
- Other currency if you have a layover in another country.
- Credit and debit card
- Travel itinerary with addresses of your hotels and your host family

## BEST LEFT AT HOME

- Jewelry
- High-heeled or uncomfortable shoes
- Laptop, or other expensive technology
- Hair dryer/curler/straighteners

## FOR YOUR CARRY-ON

- Camera or smart phone and charger
- Travel size hand sanitizer that contains at least 60% alcohol
- Travel pack tissue/Kleenex
- Disinfecting wipes Face/cloth masks
- German language dictionary/other things to study on the plane
- Essential medicines (prescriptions in original bottles and carry generic names of all prescriptions)
- Toothbrush and toothpaste
- Deodorant
- Change of clothes
- Travel adapter or converter to charge your electronics in Germany
- Menstrual products (as needed)
- Anything you would not want to do without in the rare event that your suitcase is delayed

## What Goes In Your Suitcase

Check with your airline for specific luggage guidelines and applicable fees. Most airlines allow one checked bag for international travel (no larger than 62" linear – sum of height, width and length) and weight ranges from 44-50 pounds. Fees vary by airline. In your carry-on, TSA currently only allows liquids or gels in 1 clear, quart-sized bag, with only 3oz bottles or smaller. Make sure you bring enough layers of clothing for different temperatures Roll clothes instead of folding – it saves space and helps with wrinkles. Pack electronics in your carry-on. Checked luggage gets tossed around, so don't pack anything fragile in there.

### CLOTHING & ACCESSORIES

- 6-7 changes of clothes that can be mixed, matched and layered. Dress in layers to be prepared for extremes in weather. Germany can be chilly and rainy or sunny and warm.
- 1 or 2 formal outfits; dress pants, dress shirt/collared shirt, skirt/dress and blouses for visiting schools, churches, etc.
- Rain gear – coat, hat, umbrella and/or poncho. Articles that dry quickly are ideal.
- Underwear and socks
- Pajamas
- Swimsuit and towel (summer travelers)
- Sunglasses and hat
- Gloves and hat (if needed)
- 1 pair of comfortable walking shoes
- One pair of sandals for summer travelers (we recommend sandals with covered toes, such as Keens)
- 1 pair of comfortable shoes to hike in (old tennis shoes are great)
- Plastic bag for dirty clothes/shoes

### TOILETRIES & PERSONAL CARE

- Shampoo & conditioner (in small containers)
- Soap
- Deodorant
- Contact solution, contact case & extra contacts (and your glasses)
- Razor & shaving cream
- Hair products
- Lotion
- Cosmetics
- Brush
- High factor sunscreen and lip protector

### OTHER

- Gift for your host family
- Photos of your family and friends/scrapbook
- Photocopy of your passport
- Non-perishable snacks to stave off hunger while sightseeing (granola bars, dried fruit, nuts, crackers)
- Reusable water bottle